

Dementia Worksheet

Name: _____

Date: _____

Name of Trainer: _____

Name of Company: **Clinical Update (NZ) Ltd**

Segment 1

What does the term dementia mean? _____

Name the parts of the brain that are affected with a person with dementia?

List 5 functions of the Frontal Lobe

1. _____
2. _____
3. _____
4. _____
5. _____

List the 2 functions of the Parietal Lobe

1. _____
2. _____

The Occipital Lobe is responsible for

1. _____
2. _____
3. _____

In dementia the Temporal Lobe affects a person by

1. _____
2. _____
3. _____

List the 5 requirements of executive functioning

1. _____
2. _____
3. _____
4. _____
5. _____

Cognition is the _____ functions of the brain

List the 5 requirements of Cognition

1. _____
2. _____
3. _____
4. _____
5. _____

Name 5 different types of dementia you see in your workplace

1. _____
2. _____
3. _____
4. _____
5. _____

Segment 2

What is the most common form of Dementia? _____

Alzheimer's disease is a _____ Disease

How long is it likely a person will have Alzheimer's disease before it is diagnosed _____

What age group is this most common in? _____

List the risk factors

- 1. _____
- 2. _____
- 3. _____

Approximately how long does a person live with Alzheimer's Disease _____ to _____ years

Do people die of Alzheimer's Disease? Yes/No

Name the 3 main structures of a neuron

- 1. _____
- 2. _____
- 3. _____

What develops in the brain in Alzheimer's Disease?

Are these in normal in the aging brain? Yes/No

What is different in the Alzheimer's Brain? _____

Describe what happens to the brain with the loss of neurons

What are the first signs of Alzheimer's Disease?

- 1. _____
- 2. _____
- 3. _____

List the 10 signs or symptoms of Alzheimer's Disease

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____
- 9. _____
- 10. _____

Segment 3

Vascular Dementia

What is the other name for Vascular Dementia/ _____

What is the cause of this Vascular dementia? _____

What does TIA mean? _____

What is the difference between a TIA and a Stroke? (explain in your own words)

What are the signs and symptoms of a TIA?

1. _____
2. _____
3. _____
4. _____

List 7 symptoms you might see in Vascular Dementia

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

What are the 2 dementia's that often affect people in mixed dementia?

_____ & _____

Segment 4 **Picks Disease**

What age does this commonly start? _____ & what sex predominantly get it

What percentage of cases have a familial link? _____

What two areas of the brain are affected in Pick's Disease

1. _____
2. _____

What are Pick Bodies? _____

In the latter stages of the disease Picks Disease can resemble? _____

What parts of the brain does Pick's Disease affect? _____

List 4 behaviours commonly seen in people with Pick's Disease

1. _____
2. _____
3. _____
4. _____

List 4 emotional changes commonly seen in Picks Disease

1. _____
2. _____
3. _____
4. _____

List 4 Language changes commonly seen in Picks Disease?

1. _____
2. _____
3. _____
4. _____

List 4 Neurological changes seen in Picks Disease?

1. _____
2. _____
3. _____
4. _____

Is incontinence usual in people with Picks Disease? Yes/No

What two things happen with eating in a person with Picks Disease?

1. _____
2. _____

Segment 5

Lewy Body Disease

What are Lewy Bodies? _____

Lewy Bodies affect the area of the brain in _____ and _____

Cognitive problems are similar to what other disease? _____

Motor problems are similar to what other disease? _____

Lewy Body disease affects people over _____ (what age) and affects mainly _____ (sex)

Is there a familial link? Yes/No

List 5 motor changes seen in a person with Lewy Body Disease

1. _____
2. _____
3. _____
4. _____
5. _____

What 3 things affect cognition (thought, reasoning, understanding perception or awareness)

1. _____
2. _____
3. _____

What may a person with Lewy Body Disease imagine they see? _____

What sleep disorder may you see in people with Lewy Body Disease?

Explain how their attention span may be affected. _____

Segment 6

Head Trauma

What happens to the brain when it suffers a blow to the head?

The force of a blow to the head can cause the brain to _____ and cause _____

Head injury can cause changes in _____ and _____

Can the brain heal itself? Yes/No/Sometimes

Is the direct injury to the head the major problem? Yes/No

Is No, what are the other problems/complications _____

List 8 symptoms of head injury

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

What are the 6 major long term affects of head injury

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Segment 7

Parkinson 's disease

What is Parkinson's Disease _____ affecting _____ and what are the 3 characteristics that affect a person

1. _____
2. _____
3. _____

What percentage of people with Parkinson's Disease will have dementia? _____

Name to two other diseases that may be found on autopsy _____

List 4 primary symptoms of Parkinson's disease

1. _____
2. _____
3. _____
4. _____

List 6 general secondary symptoms a person will have

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

List the 8 dementia symptoms people with Parkinson's disease will show.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Segment 8

Wernicke-Korsakoff Syndrome

What causes alcohol dementia or Korsakoffs Encephalopathy?

Alcohol has a direct effect on what organ? _____

Explain how alcohol attacks the brain

1. _____
2. _____
3. _____

List the 4 major affects alcohol will have on the body?

1. _____
2. _____
3. _____
4. _____

List 4 problems that will occur as the result of alcohol abuse

What are the 5 characteristics of this Encephalopathy?

1. _____
2. _____
3. _____
4. _____
5. _____

List 7 signs and symptoms of alcohol abuse

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

Segment 9

Huntington 's disease

Huntington's disease is an _____

Children of people with the Huntington's gene have at least a _____% chance of getting it.

The affecting gene is called a _____ gene

The disease commonly affects people at what age? _____ and _____

How long can the disease before they die _____ and _____

What chromosome does the disease effect? _____

What does the defect cause a particular DNA to do? _____

What is the usual number of repeats on this chromosome? _____

In Huntington's Disease the repeats will be between _____ times

What determines how early the disease will develop in a person _____

What influences the age a person will get the disease? _____

What are the 3 ways that Huntington's disease will affect people

1. _____
2. _____
3. _____

What are the 3 general primary symptoms of Huntington's disease?

1. _____
2. _____
3. _____

List 4 behavioural signs and symptoms of Huntington's disease?

1. _____
2. _____

3. _____
4. _____

What are the 5 abnormal or unusual movement a person with Huntington's will display?

1. _____
2. _____
3. _____
4. _____
5. _____

List the 5 dementia signs and symptoms

1. _____
2. _____
3. _____
4. _____
5. _____

What additional signs and symptoms might you see in a person with Huntington's disease?

1. _____
2. _____
3. _____

Explain in your own words what the Huntington's brain looks like
