

# CARE TRAINING ONLINE

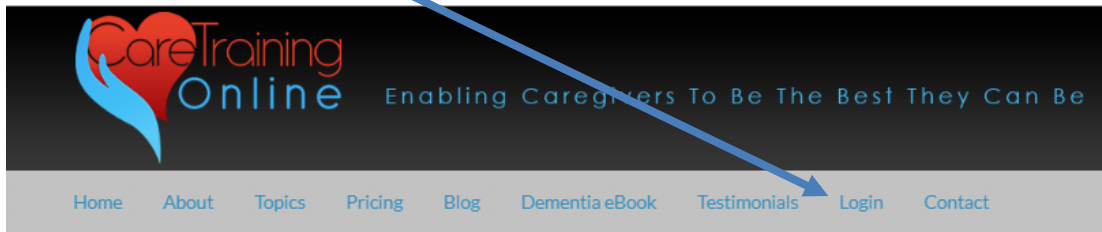
## What is Care Training Online?

Care Training Online is a user-friendly training programme for caregivers in the aged and residential care industry. It is available online and can be accessed 24 hours a day.

## How do I use it?

Your Manager or Educator will be given a username and password that will give you access to the programme. Follow the below instructions to access Care Training Online:

1. Enter <http://caretrainingonline.com/>
2. Select Login from the top menu:



3. Enter the login and password supplied by your Manager or Educator:

## Login

If you are already a member of CareTrainingOnline.com then please login below...

Username  Enter Username

Password  Enter Password

Remember Me

Select Login

[Lost your Password](#)

If you're already logged in, [click here to go to the Members Home](#).

4. Once you log in select the topic you want to learn from the NAVIGATION panel:

Members Home

### NAVIGATION

- Caregiver Guides
- FAQs
- NZ Unit Standards
- User Guide
- Abuse and Vulnerability
- Advanced Directive
- Advocacy
- Aging Process: Muscles
- Aging Process: Sensory System

## Welcome To Care Training

To get started simply select a topic from the

If you have any problems please consult the Leigh by phone on +64 9 420 9077 or email [leigh@caretrainingonline.com](mailto:leigh@caretrainingonline.com).

Select desired topic

5. Once you select a topic the screen will look like the one below:

Members Home > Abuse and Vulnerability

NAVIGATION

- Abuse & Vulnerability - Segment 1
- Abuse & Vulnerability - Segment 2
- Abuse & Vulnerability - Segment 3
- Abuse & Vulnerability - Segment 4
- Abuse & Vulnerability - Segment 5
- Abuse & Vulnerability - Segment 6
- Abuse & Vulnerability - Segment 7
- Abuse & Vulnerability - Segment 8
- Abuse & Vulnerability - Segment 9
- Abuse & Vulnerability - Segment 10

## Abuse and Vulnerability - Index

**Total Topic Time: 1 hour and 48 minutes**

### Segment 1 Vulnerable people (9:01 mins)

- ✔ What is a vulnerable population?
- ✔ Who is a vulnerable person?
- ✔ Factors that contribute to vulnerability
- ✔ Types of vulnerability

### Segment 2 Rights (9:01 mins)

- ✔ Where can abuse and neglect occur?
- ✔ Why does unintentional abuse occur?
- ✔ Why does intentional abuse occur?
- ✔ What is abuse?

The Index page tells you how long each segment is and what is in each segment.

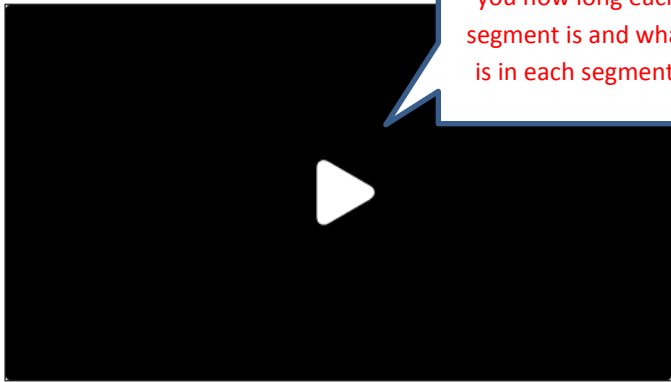
6. Each topic segment has a video of the material and an online quiz. After carefully watching the video, make notes then complete the quiz. You can watch the video and complete the quiz as many times as you need. The quiz results can be printed or emailed to yourself or your manager or educator:

Members Home > Abuse and Vulnerability > Abuse & Vulnerability - Segment 1

NAVIGATION

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- Abuse & Vulnerability - Segment 8
- Abuse & Vulnerability - Segment 9
- Abuse & Vulnerability - Segment 10
- Abuse & Vulnerability - Segment 11
- Abuse & Vulnerability - Resources
- Unit Standard 28521: Trainee Assessment
- Abuse & Vulnerability - Admin

### Segment 1 - Vulnerable people



The Index page tells you how long each segment is and what is in each segment.

Legal Disclaimer: Information in these videos is the opinion of the authors. This content is provided only for education of carers. Although the authors have made every effort to provide the most up-to-date medical information, this content should not necessarily be considered the standard of care and may not reflect individual practices in all geographical locations.

### Abuse & Vulnerability: Segment 1 – Quiz

Your name

Workplace (if applicable)

Enter your name and workplace, then select Enter quiz to begin


7. Each topic has a Resources page which contains text versions of the Assessment and Quiz and Additional Useful Videos:


NAVIGATION


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## Abuse & Neglect - Resources

Right-click the following links and select "Save Link As" (or similar) to download the file to your computer

 [Vulnerability and Abuse - US 28521 Assessment](#)  
Unit standard assessment sheet for staff


 [Vulnerability and Abuse - US 28521 Assessment PDF](#)  
The document above in PDF format

 [Multi-Choice Questions](#)  
Questions for staff to answer as they watch, in multi-choice format

 [Multi-Choice Questions \(PDF\)](#)  
The document above in PDF format

**Additional Useful Videos**

Abuse in a nursing home - 3.15 mins



Click on these links to download the text versions.


Click on arrows to play these videos.

8. Each Unit Standard topic also has an online Assessment Page. Your completed assessments can be printed or emailed to yourself or your manager or assessor. Paper versions are also available on the Resources page of the topic:

Members Home > Abuse and Vulnerability > Unit Standard 28521: Trainee Assessment

NAVIGATION

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Enabling Caregivers To Be The Best They Can Be

### Trainee Assessment

**Unit standard 28521**  
Recognise and describe responses to vulnerability and abuse in a health or wellbeing setting

Vulnerability and Abuse		
Version	Level	Credits
1	3	5

Your name:

Your workplace:

Your date of birth:

Your National Student Number (NSN), (if you know it):

**Declaration**

- I was told about and understand the assessment requirements and appeals process.
- I have prepared my answers myself.
- Any evidence I have provided as my own, I produced myself.
- I understand that this assessment may be used for moderation and quality control purposes.
- I understand that when I achieve this unit standard my result will be registered with the Zealand Qualifications Authority.

I confirm the above declaration:

Date:

Enter your name, workplace, DoB, and NSN (this is necessary if you are completing an NZQA qualification)

Select the declaration tick and enter the date to begin the Unit Standard Assessment