## Unit Standard 23923

## Dementia Related Behaviours Assessment

1. Please give an example of a time you worked with a person who has dementia. Explain what behaviours you saw and how you responded to those behaviours in a way that created a positive impact for the person.

*Answer should reflect an ability to understand behaviour linked to dementia and ability to demonstrate an awareness of how responses impact behaviour. Examples might be using distraction or guiding someone to an activity they enjoy when they were looking distressed. Answers could also reflect on talking to the person while completing a care task that kept the person calm and engaged in the process*

1. Scenario: A person who has dementia is rummaging and muttering while pulling clothes out of their draw, explain if / how this behaviour is linked to dementia and how you can support the person.

*Answer should reflect on how rummaging is common in dementia, linked to person trying to reassure themselves, linked to confusion. You can support them by ensuring they are safe, finding a way to make them feel useful, if you know where the item is they are trying to find then give it to them.*

1. Please explain what sun downing is

*Answer should reflect on how behaviours can change in late afternoon, early evening with increased confusion, aggression, or restlessness.*

1. Please give 3 examples of common behaviours you would see in a person with dementia

*Answers could include sun downing, confusion, aggression, wandering, rummaging, hoarding, disinhibition, sexually inappropriate behaviour*

1. Please give 2 physiological reasons for behaviour changes with dementia

*Changes could include changes in the brain, new medications, fever or infection, physical needs to be met such as needing to go to the toilet or being hungry or tired*

1. Please give 2 environmental reasons for changes in behaviour

*Answer could include temperature, change within environment such as furniture rearranged, being approached by people, lost items*

1. Please give an example of a person you have worked with who has dementia and how their personal plan helped you to positively manage their behaviour.

*Answer should reflect on the understanding and use of personal plans and strategies documented within it*

1. Have you used a behaviour log before? What was documented on it and how effective did you find it?

*Answer should be able to critically reflect on policies within organisation for effective use of behaviour logs and be able to reflect on how using a behaviour log can assist with creating strategies to best support a person*

1. Please describe what a trigger is and give an example of a trigger and a strategy to avoid it.

*Answer needs to give an understanding of how a persons’ experiences and history can impact on behaviour. Answer should also demonstrate an ability to pre plan for a client such as if a person is triggered by the sound of a washing machine walk them to where they need to go a different way than passed the laundry*

1. Please give an example of how a person’s culture might alter the way in which a person who has dementia is supported.

*Answer should include an understanding of respect towards different cultures and ensuring a person is supported the best way they can be, such as not having male support workers assigned to Muslim women, understanding that a person may revert back to the original language they spoke and may need help from someone who can speak the same language if available. A person may become overtly racist in comments which will need to be managed carefully*

1. Please give an example of a time you worked with a person who has dementia and you were unsure of how to handle the situation, explain what you did and what you would do now if the situation arose.

*Answer should demonstrate an ability to reflect on own practice and growth of learning*

1. Please explain what the biggest learning was for you during this course and how you would like to implement this learning into your practice.

*Answer should demonstrate an ability to critically think about learning and continued improvement on practice. Answer should demonstrate an ability to take theoretical knowledge and apply into practical skill*