Unit Standard 23920

Dementia: Describe and Support

(Demonstrate knowledge of support for people living with dementia)

Assessment

Please note the suggested answers are just examples, any answer that the assessor deems correct and meets the policies and procedures of the facility are acceptable

1. Describe the difference in the brain between a person experiencing the normal aging process and the brain of a person living with dementia?

Answer should include the loss of nerve cells, plaques, tangles, reactions, decisions, and memory changes.

1. What is delirium and how is it different to dementia?

Answer should include possible causes, how long it can last, etc.

1. Describe the two most common forms of dementia and one less common form of dementia.

Answer should describe Alzheimer’s Disease, Vascular dementia and choose one of the follow Lewy Body dementia, frontal and temporal lobe dementia, or any other type of dementia.

1. Describe the stages of dementia.

Answer should describe the 3 stages of dementia.

1. What are two co-existing conditions that may exist with dementia?

Answer could discuss hypertension, coronary artery disease, COPD, osteoarthritis, stroke, diabetes, cancer, chronic renal problems, multiple sclerosis, obesity, Parkinson’s disease, or other chronic, terminal, or life-limiting conditions.

1. Describe how a person might behave living with dementia in the area of you work using a person-centred approach and what could be done to alleviate distress.

For Home Care - answer could include increasingly unable to do household chores, attend activities, remember appointments, withdrawing from society, wandering, or any other satisfactory answers.

For Residential Care – answer could include wanting to go home, withdrawing, refusing to accept the change in situation, looking for people, or any other satisfactory answers.

1. Describe how the cognitive. Functional, behavioural, and psychological effects of dementia affect activities of daily living.

Answer should include examples for each effect.

1. Give two examples on how you would assist a person who has a cognitive and functional affect from dementia.

Answer could include anything that deals with memory or general activities of daily living such as: showering, dressing, or any answer acceptable to the assessor.

1. Describe the 4 levels of restraint.

Answer should include personal, physical, environmental, seclusion, chemical (medication).

1. Explain how you can maintain the rights of a person who is being restrained.

Answer should include how the provide dignity, privacy, support, communication, and keep them safe

1. List 5 examples of what is required when a person is being restrained, and how your workplace meets the Health and Disability Services Standards (Restraint Minimisation and Safe Practice).

Answer should include any 5 of the following – documentation, assessment, informed consent, planning, care and monitoring requirements, ongoing education, reporting and recording, evaluation and review, approval process.

1. What is Enduring Power of Attorney (EPA) personal care and welfare and when it can come into effect?

Answer must include what EPA personal care and welfare covers and who decides when it can be implemented.